## Quick and easy access for GPs to support from psychiatrists in treatment of mental health patients through one-off assessments

Many Adelaide private psychiatrists now offer appointments for Item 291 (one-off) referrals through **GP-PASA 291**, a service based at SADI (SA Divisions of General Practice Inc)

Ring 8172 2050 for an appointment for your patient within 1 - 2 weeks of your call, with management plan back to you within 2 weeks of the assessment

## **Referral Information**

- Item 291 assessments are for patients you choose to manage in your practice
- Appointments usually available within 1 3 weeks of request
- Written diagnosis & management plan back to you within 2 weeks of the assessment
- Individual billing by private psychiatrists
- Brief protocol when you ring to ensure appropriate referrals
  - 1. Is your patient in a crisis situation? NO
  - 2. Will you be responsible for the continuing care of the patient? YES
  - 3. Is a one-off assessment and management plan appropriate support for your care of this patient? YES
  - Do you require the assessment for a third party eg court, superannuation fund? NO
  - 5. Are there risk factors that would make attendance by this patient at private psychiatrist rooms inappropriate? NO
- Call dedicated line **8172 2050** (9am 5pm, M to F) for an appointment
- Brief GP details taken. Appointment details given to GP for <u>confirmation direct to psychiatrist</u> rooms within 24 hours
- **Referral letter** including a clear **statement of the goal** for the assessment to be faxed to psychiatrist rooms **before assessment**.

Optional referral proforma available from <u>http://www.sadi.org.au/activities.html</u>, choose *GP Access to Psychiatrists* and click on **Files** to download.

Jill Poulton SADI Program Development Officer GP Access to Psychiatrist

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